



Accessing **MENTAL HEALTH SUPPORT** During Summer Break

1



BPS Hotline: 617-635-8873

Social Workers will be on call Monday- Friday during summer break from 8:00am-4:00pm. If you need mental health support for your student, please call the hotline.

2

Contact Your Doctor

For additional support, please call or message your child's primary care doctor.

3



BEST TEAM: 1-800-981-HELP (4357)

The Boston Emergency Services Team (B.E.S.T.) sends mobile crisis clinicians to homes, schools, outpatient clinics and many other community locations.

4

Go to Urgent Care

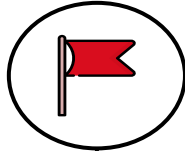
In the case of an emergency, local urgent care centers or clinics can help. The centers below recommend you call ahead of your visit: 1-800-981-4357

**BEST Bay Cove
Urgent Care**
Solomon Carter Fuller Mental
Health Center
**85 East Newton St,
1st Floor
Boston, MA 02118**

**BEST North Suffolk
Urgent Care**
Erich Lindemann Mental Health
Center
**25 Staniford St,
2nd Floor
Boston, MA 02114**

**BEST North Suffolk
Urgent Care**
**140 B South St
Jamaica Plain, MA 02130**

**Boston Public Schools
Office of Social Work**



IMMINENT DANGER: 911

EMERGENCY HOTLINES

- **Samaritans** suicide prevention: 877-870-4673 call or text 24/7
- **DCF:** 617-748-2000
- **Domestic Violence:** 877-785-2020
- **[Child Advocacy Center](#)** of Suffolk County: 617-779-2146



FAMILY RESOURCES

- [Helping Children Cope with Emergencies](#) (CDC)
- [Taking Care of Your Behavioral Health](#) (SAMHSA)
- [Apps to Help with Mental Health](#) (Common Sense Media)

COMMUNITY RESOURCES

For more resources, please go to the [City of Boston Resources](#) page, which is frequently updated



FOOD

311 (Boston) | 211 (State)
DTA: 877-382-2363



HEALTHCARE

Mayor's Healthline
617-535-5050



UNEMPLOYMENT

[MA Department of Unemployment Assistance](#)
(877) 626-6800

[Rental Relief Fund](#)
For more support call
311 (Boston)
211 (Statewide)



HOUSING

[Office of Housing Stability](#)
617-635-4200

For further housing support,
please contact the
[BPS Opportunity Youth Department](#): 617-635-8037



IMMIGRATION

[Office of Immigrant Advancement](#)
617-635-2980

City of Boston [Resource Guide for Immigrants](#)



BPS OFFICE OF SOCIAL WORK

Department of Student & Community Impact
Division of Student Supports